

word	461	breathe in
definition		to breathe air, smoke, etc into your lungs
example		When I had pneumonia the doctor told me to breathe in deeply to listen to my congested lungs.
series	000	random phrasal verbs
update		2024-04-30
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word	308	warm up
definition		to prepare yourself or something for action by use
example		Even in summer football players warm up before the game as it prepares their bodies for action.
series	000	random phrasal verbs
update		2024-04-26
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word	643	drag out
definition		to extract information from someone by persuasion
example		If they won't tell you, you'll have to drag it out of them little by little.
series	000	random phrasal verbs
update		2024-04-29
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word	509	keep in
definition		to make someone stay inside a place
example		The student was kept in for an hour after his lesson as a punishment for not doing his homework.
series	000	random phrasal verbs
update		2024-04-25
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word	733	print out
definition		to print something
example		As soon as the report is finished, can you print out a couple of copies?
series	000	random phrasal verbs
update		2024-04-28
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word	825	whip out
definition		to take something to use quickly
example		I'd been at the market all day and hadn't sold a thing then along comes this man, whips out his cheque book and buys the lot.
series	000	random phrasal verbs
update		2024-04-25
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word	910	call on
definition		to make a short visit to someone
example		She decided to call on her dad on her way home after the lesson.
series	000	random phrasal verbs
update		2024-04-27
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word		flash cards
definition		vizzz credit card sized flash cards - 7 days of revision
example		Instructions: Print on A4 paper. CUT into credit card sized units, or FOLD, first vertically then horizontally 3 times to form a concertina like pocket chart.
series	000	random phrasal verbs
update		7 days from: 2024-04-25
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